



Health and Social Care involves learning key skills that will help with everyday life and caring for other people



The OCR Level 3 Alternative Academic Qualification Cambridge Advanced National in Health and Social Care (Extended Certificate). They're designed with the workplace and progression to higher education in mind and provide a high-quality alternative to A Levels at level 3.

**Are you interested in:**

- Learning about people.
- Relating theory to the world of work
- Learning to identify and meet people's needs.

**Leading to a career in:**

- Nursing and other health related careers
- Social work
- Nursery nurse
- Occupational health

**Practical Activities** – Units may require some form of practical input ranging from interviewing service users to visiting different settings.

**Teacher to contact:**

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**Exam Board:** OCR Level 3 Alternative Academic Qualification Cambridge Advanced National in Health and Social Care (Extended Certificate).

## OCR Level 3 AAQ Extended Certificate

The qualification will help you develop independence and confidence in using skills that are relevant to the sector and that prepare you for progressing to university courses where independent study skills are needed.

The course consists of a total of six units of work. There are four mandatory units and two optional units, these are to be completed over the two years. The mandatory units are:

**F090: Principles of health and social care** – 80 GLH

In this unit you will learn about the key topics that are important to develop underpinning knowledge and understanding relevant to health and social care.

**Assessment** - This unit is assessed by an exam

**F091: Anatomy and physiology for health and social care** – 80 GLH

You will learn about the arrangement of body systems and the structure and function of the component parts. You will learn about key processes within each body system, that enable them to function properly.

**Assessment** - This unit is assessed by an exam

**Assessment**

**Assessment:** External and Internal assessment.

- Two mandatory externally assessed units - Exams
- Two mandatory NEA units - Coursework
- Two optional NEA units - Coursework

**F092: Person-centred approach to care** – 50 GLH

In this unit you will learn the principles and values that underpin a person-centred approach to care, to develop care plans for individuals. Exploring how to communicate, how to build relationships and the barriers that need to be overcome to achieve person-centred care.

**Assessment** - This unit is assessed by an assignment.

**F093: Supporting people with mental health conditions** – 50 GLH

In this unit you will learn about how individuals with mental health conditions can be cared for and supported in a way which is suitable for their needs. **Assessment** - This unit is assessed by an assignment.

The further optional assignment will be chosen from the following list - **You must take two** of these units:

**F094:** Supporting people with long term physiological conditions – 50 GLH

**F095:** Investigating public health – 50 GLH

**F096:** Supporting people in relation to sexual health, pregnancy and postnatal health – 50 GLH

**F097:** Supporting healthy nutrition and lifestyles – 50 GLH